

SCHOOL ST. MARY'S POMEROY

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 3/9/18	CLOSED	Irish Stew or Oven Baked Sausage Peas Mashed Potato Gravy Flakemeal Biscult & Custard	Chicken Curry & Rice Or Fish Fingers Sweetcorn Mashed Potato Gravy Jam & Coconut Sponge & Custard	Chicken Crumble or Chicken Drumsticks Carrot Broccoli Mashed Potato Gravy Chocolate Cookie & Custard	Steakburger In Bap or Chicken Tikka Wrap Salad Peas Mashed Potato or Chips Gravy Frozen Mousse
Week Two 10/9/18	Savoury Mince or Peppered Chicken Pasta Mixed Vegetable Mashed Potato Gravy Carrot Cake &	Sweet & Sour Chicken & Rice or Pizza Beans Peas Mashed Potato Gravy Jelly & Ice Cream	Cottage Pie or Salmon Fish Cake Sweetcorn Carrot Mashed Potato Gravy Vanilla Cookie & Custard	Roast Loin Pork Stuffing Gravy Carrot & Parsnip Broccoli Mashed or Roast Potatoes Cornflake Crunch & Custard	Chicken Nuggets or Fish Fingers Salad Sweetcorn Mashed Potato or Chips Ice Cream Tub
Week Three 17/9/18	Chicken & Pasta Bake or Steakburger Peas Carrot Mashed Potato Gravy Chocolate Sponge & Custard	Chicken Korma & Rice Or Breaded Fish Sweetcorn Salad Baby Boil Potato or Chips Shortbread Biscult & Custard	Chicken Chilli Wrap Or Spaghetti Bolognaise Gravy Mixed Vegetables Mashed Potato Chocolate Cracknel & Cornflour	Roast Turkey or Gammon Stuffing Carrot Cabbage Mashed or Roast Potato Gravy Apple Crumble & Custard	Homemade Vegetable Soup Hotdog Selection of Bread Or Tuna Roll Frozen Mousse
Week Four 24/9/18	Peppered Chicken & Rice or Homemade Pizza Peas or Beans Mashed Potato or Wedges Gravy Semolina & Fruit	Lasagne or BBQ Chicken Drumstick Mixed Vegetables Mashed Potato Gravy Flakemeal Biscult & Custard	Pasta Bolognaise or Fish Fingers Peas Carrot Mashed Potato Gravy Jelly & Ice Cream Sponge Roll	Roast Chicken or Braised Steak Stuffing Carrot Broccoli Mashed or Roast Potato Shortbread Biscult & Custard	BBQ Chicken Wrap or Salmon fish Cake salad peas baby boils or chips Ice cream tub

school food

Try Something New today

www.schoolfoodni.com

**Bread, Fresh Fruit, Yoghurt, Milk
and Water are available daily**

If you require any additional
Information on allergens or Special
diets please contact the school in the
first instance

