SCHOOL St. Mary's POMEROY

		Monday	Tuesday	Wednesday	Thursday	Friday
	Week One 4/11/	CLOSED	Spaghetti Bolognaise Or Oven Baked Sausages Beans Carrot Gravy Mashed Potato Chocolate Cracknel & Cornflour	BBQ Chicken & Rice Or Breaded Fish Peas Mashed Potato Gravy Flakemeal Biscult & Custard	Chicken Crumble or Chicken & Pasta Bake Carrot Broccoli Gravy Mashed Potato Apple Crumble & Custard	Steakburger or BBQ Chicken Drumsticks Salad Sweetcorn Baby Boil Potato or Chips Ice Cream Tub
m	Week Two 11/11	Savoury Mince or Peppered Chicken Pasta Carrot Peas Mashed Potato Gravy Marble Sponge & Custard	Chicken Curry & Rice Or Homemade Pizza Beans Sweetcorn Mashed or Savoury Dice Potato Ice Cream & Chocolate Sc	Lasagne or Salmon Fish Cake Mixed Vegetable Mashed Potato Chocolate Cookie & Custard	Roast Chicken or Gammon Stuffing Cabbage Carrot Mashed or Oven Roast Potato Gravy Shortbread Biscult & Custard	Chicken Nuggets or Chilli Chicken Wrap Salad Sweetcorn Mashed Potato or Chips Gravy Frozen Mousse
	Week Three 18/11	Pasta Bolognaise or BBQ Chicken Mixed Vegetables Mashed Potato Gravy Chocolate Sponge & Custard	Chicken Tikka Wrap or Breaded Fish Salad Peas Mashed Potato or Chips Gravy Strawberry Frozen Yogurt	Homemade Chicken Goujons or Steakburger Beans Peas Gravy Mashed Potato Cornflake Crunch & Custard	Braised Steak or Roast Chicken Stuffing Carrot Parsnip Mashed or Oven Roast Potato Gravy Carrot Cake & Custard	Homemade Vegetable Soup Hot Dog Selection of Bread Or Cheese Roll Ice Cream Tub
	Week Four 25/11	Sweet & Sour Chicken & Rice or Pizza Beans Peas Mashed Potato Gravy Rice Krispie Square & Cornflour	Irish Stew or Oven Baked Sausages Sweetcorn Carrot Mashed Potato Gravy Jam Sponge & Custard	Cottage Pie or Fish Fingers Mixed Vegetables Mashed Potato Gravy Flakemeal Biscult & Custard	Roast Pork Stuffing Carrot Cabbage Gravy Mashed or Oven Roast Potato Plain Cookie & Custard	BBQ Chicken Wrap Or Chicken Nuggets Salad Peas Baby Boil Potato or Chips Frozen Mousse

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Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional Information on allergens or Special diets please contact the school in the first instance

