

St. Mary's.

# School Lunch Menu

|                                                      | Monday                                                                                                                                                                                   | Tuesday                                                                                                                                                                                      | Wednesday                                                                                                                                                                                 | Thursday                                                                                                                                                                                         | Friday                                                                                                                                                  |
|------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>WEEK 1</b><br>3/1<br>31/1<br>28/2<br>28/3<br>25/4 | Breaded Fish Fingers Or Spaghetti Bolognese<br><br>Baked Beans<br>Medley of Fresh Vegetables<br>Mashed Potato<br><br>Vanilla Ice Cream, Oranges & Chocolate Sauce                        | Breast of Chicken Curry & Rice, Naan Bread Or Steak Burger<br><br>Baton Carrots<br>Gravy<br>Mashed Potato<br>Salad Selection<br><br>Sponge with Jam Topping & Custard                        | Homemade Breaded Chicken Goujons Or Spicy Chicken in a Warm Tortilla wrap<br><br>Sweetcorn, Hot Pasta Twists<br>Mashed Potato<br>Salad Selection<br><br>Fresh Fruit Selection and Yoghurt | Roast Chicken Or<br>Roast Beef<br><br>Traditional Stuffing, Gravy<br>Fresh Baton Carrots<br>Broccoli Florets<br>Mashed Potato<br><br>Rice Krispie Square & Custard                               | Hot Dog Or<br>Homemade Margherita Pizza<br><br>Peas<br>Tossed Salad<br>Chips<br>Mashed Potato<br><br>Oat Biscuits & Fresh Fruit Chunks                  |
| <b>WEEK 2</b><br>10/1<br>7/2<br>7/3<br>4/4           | Steak Burger Or<br>Pasta Twists with homemade Tomato sauce and Sliced Chicken<br><br>Gravy, Broccoli Florets<br>Fresh Baton Carrots<br>Mashed Potato<br><br>Chocolate Cracknel & Custard | Homemade Margherita Pizza Or Breast of Chicken Curry with Boiled Rice & Naan Bread<br><br>Sweetcorn<br>Pasta Twists<br>Salad Selection<br><br>Fresh Fruit Selection and Yoghurt              | Fresh Breaded Fish Goujons Or Chicken Crumble<br><br>Baked Beans<br>Garden Peas<br>Mashed Potato<br>Salad Selection<br><br>Strawberry Jelly & Fruit or Yoghurt                            | Roast Breast of Chicken Or Savoury Mince<br><br>Traditional Stuffing<br>Gravy<br>Cauliflower Cheese<br>Fresh Diced Carrots / Parsnip, Mashed Potato<br><br>Vanilla Cake & Custard                | Chicken Nuggets Or Baked Potato with Chicken & Cheese<br><br>Sweetcorn<br>Chips<br>Baked Potato<br>Salad Selection<br><br>Ice Cream with Fresh Fruit    |
| <b>WEEK 3</b><br>17/1<br>14/2<br>14/3<br>11/4        | Breaded Fish Fingers Or Pasta Bolognese<br><br>Baked Beans<br>Sweetcorn<br>Garden Peas<br>Mashed Potato<br><br>Flakemeal Biscuit, Fruit & Custard                                        | Homemade Salt & Chilli Or Traditional Chicken Goujons Or Mac & Cheese<br><br>Broccoli Florets<br>Mashed Potato<br>Salad Selection<br><br>Raspberry ripple Ice Cream Slice Fresh Fruit Chunks | Oven Baked Sausage Or Sweet & Sour Chicken with Rice<br><br>Garden Peas<br>Baton Carrots, Mashed Potato<br>Baby Boiled Potatoes<br><br>Fresh Fruit Selection and Yoghurt                  | Roast Turkey Or<br>Salmon fish cake<br><br>Traditional Stuffing<br>Gravy<br>Fresh Carrot / Parsnip<br>Mashed Potato<br><br>Strawberry Jelly & Fruit Or Rice Pudding And Fruit                    | Steak Burger in Bap Or Homemade Lasagne<br><br>Sweetcorn & Peas<br>Chips, Mashed Potato<br>Salad Selection<br><br>Strawberry Mousse & Fresh Fruit Salad |
| <b>WEEK 4</b><br>24/1<br>21/2<br>21/3<br>18/4        | Breast of Chicken Curry with Boiled Rice & Naan Bread Or Oven Baked Sausage<br><br>Baton Carrots<br>Garden Peas<br>Gravy Mashed Potato<br><br>Fresh Fruit Selection and Yoghurt          | Spaghetti Bolognese Or Fresh Breaded Fish Fillets<br><br>Broccoli & Cauliflower Florets<br>Mashed Potato<br><br>Jelly & Fruit & Ice Cream                                                    | Roast Breast Chicken Or Brown Stew<br><br>Traditional Stuffing<br>Gravy, Diced Turnip<br>Fresh Baton Carrots<br>Mashed Potato<br><br>Chocolate Muffin Cake & Custard                      | Homemade Salt & Chilli Or Traditional Chicken Goujons Chicken Tortilla Wraps<br><br>Baked Beans<br>Sweetcorn, Salad Selection<br>Mashed Potato<br><br>Flakemeal Biscuit Fingers, Fruit & Custard | Homemade Margherita Pizza Or Fish finger<br><br>Sweetcorn<br>Traditional Champ<br>Chips<br>Salad Selection<br><br>Artic Roll & Fruit Chunks             |

**Breads**  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily

**Rice, Pasta,  
Noodles, Potatoes  
and Gravy can be  
served Daily**

**If You Require  
Any Additional on  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form**



Menu choices subject to deliveries

Fresh Fish May Contain Bones